

Neither medication nor surgery or the “15 Known Remedies for Back Pain” can compare with the Sciatica treatment offered by Fine Treatment

This article explains how to get rid from Sciatica without painkillers and adverse side-effects. A new Thermobalancing Treatment is the key of this delightful process.

Unique Thermobalancing Therapy for Sciatica

In estimate lower back pain is diagnosed in 6.5 million of US people each year, in the UK, France and Italy figures are about 1.3 million and in India it is 23.5 million. However, there are no effective alternative or mainstream treatments of such common back pain problem and no one can compete with Thermobalancing Therapy offered by Fine Treatment.

In spite of massive prevalence of back pain, up until today there is no treatment that can compete with innovative ***Dr Allen’s Device for Lower Back Care***, which relieves pain naturally, without resorting to medications, recovers your lower back from painful sciatica’s symptoms.

Dr Allen’s Device for Lower Back Care

Specially designed, *Dr Allen’s Device for Lower Back Pain* is comfortable to wear and it will not affect your day-to-day activities, offering a range of unique benefits:



- Sciatica treatment offered by Fine Treatment relieves pain naturally, without resorting to medication and it the best natural pain relief.
- This treatment of lower back pain reduces the swelling around the lower back area.
- Helps the patient to recover from Sciatica the ensuing numbness or weakness in one or both legs, and around buttocks.
- New Sciatica care promotes healthy functioning of the lower back

More information about the device can be found on the Fine Treatment website:
<http://www.finetreatment.co.uk/natural-alternative/lower-back-treatment.html>

Compare this with the current approach of mainstream, complementary and alternative therapies to back pain treatment.

Modern mainstream medicine tries to help suffers by numerous medications and various other procedures including surgery, however they do not tackle the cause of the disorder.

1. **Taking pain-killers** means that you block not only pain signals to the brain but also useful ones which are essential for normal functioning of the body. In



addition, there is an increased risk of gastrointestinal complications ranging from stomach pain to ulcers, haemorrhage, and severe and potentially deadly gastrointestinal problems, often necessitating surgical intervention which in turn worsens general health in the long term.

Dr Allen's Device for Lower Back Care consists of the absolutely natural special designed thermo-elements which are attached to the skin in projection of painful area and provide their magnificent effect only to this area, thus it cannot be compared with medications which spread their influence to the different organs.

2. **Back operations** - complications arising from back operations include: infection, spinal fluid leaks, nerve damage and paralysis.

It is not comparable with the invasive natural ***Thermobalancing treatment*** by using ***Dr Allen's Device for Lower Back Care***.

Complementary therapies recommend the following 15 known remedies for back pain treatment:

1) **Acupuncture**. If you want to try acupuncture, plan on going one to three times a week for several weeks initially. The average cost of acupuncture treatment for the first visit in the UK is £35 and subsequent visits £20-25, for 6-8 weeks. Chinese medicine suggests that acupuncture needles unblock energy along its invisible pathways in the body. Modern medicine explains that acupuncture calms the sympathetic nervous system. It is obvious that acupuncture acts locally blocks the nervous signals for help from the swollen part of the tissue and thus decreases capillaries activity. This provides pain relief effect. However, the cause of back pain is still there and thus just person drops the acupuncture sessions the pain comes back.

The only way to beat the cause of back the pain is to wear ***Dr Allen's Device for Lower Back Care*** which permanently influences the area affected and the price of *Dr Allen's Device* is compares well with the cost of other treatments. It does not exceed £99, and can be even less with discount, no additional payment needed.

2) "**Capsaicin Cream** works by blocking the nerves that send pain messages," - mainstream medicine reports. Information provided with the cream states "You should experience some pain relief within the first two weeks of using the cream, but it may take up to a month before the treatment is fully effective." However,

Capsaicin cream irritates skin even though there is increased blood flow to the affected area in the back resulting in warmth in this area – the point why it works.

However, in comparison with ***Dr Allen's Device for Lower Back Care*** the warmth from capsaicin cream is not constant and does not go deep in the tissue. Thus, it cannot provide similar effectiveness.. Furthermore sometimes it can cause a terrible burn effect and has special warnings for use.

3) Music Therapy is a low-cost natural therapy that has been found to reduce the disability, anxiety, and depression associated with chronic pain.

Music is a factor which stimulates mental condition of each individual and cannot be compared with ***Dr Allen's Device for Lower Back Care*** which offers more than palliative care.

4-7) Vitamin D, Vitamin B12, Magnesium, Willow Bark. Deficiency or excess of some elements play significant role in the muscles' tonus. Bringing their level back to normal may lead to decrease of pain because of improvement of the muscles tonus that subsequently normalises pressure on nerves ends...

but it cannot be compare with ***Dr Allen's Device for Lower Back Care*** which natural influences directly to the affected tissue in the back area and decreases its swelling with following Sciatica pain relief effect.

8-13) Yoga for Back Pain, Bowen Therapy, Breathing Techniques, Massage Therapy, Chiropractic and Alexander Technique remedies are directed to relieve pain and muscle tightness and encourage healing by strengthen muscles exercises or manipulations resulting in muscle relaxation or in restoring joint mobility. The exercises and massages in many cases are helpful before the problem becomes chronic because these methods improve muscle tension in back area and mobility of a person, but they do not tackle the cause of chronic back pain. Some of manual therapies techniques improve blood flow in the affected area and reduce back pain dramatically even on later stages, but on a short period of time.

These methods cannot be compared with ***Dr Allen's Device for Lower Back Care*** which provides long-term treatment for the cause of Sciatica.

14) Prolotherapy addresses damaged ligaments and effective therapy for the treatment of selected cases of low back pain.

Natural Treatment for Sciatica

The natural thermo-elements, a major component of the therapeutic device. By making temperature constant in the affected area of the back, the device creates an ideal environment for the capillaries to stabilise the body temperature around the sciatica tissue. This improves blood flow and supplies it with nutrients, thereby helping the area to recover.

This cannot be compared with ***Dr Allen's Device for Lower Back Care*** which indeed undertakes unique opportunity to resolve the cause of lower back pain.

15) Balneotherapy. Balneotherapy is one of the oldest therapies for pain relief, particularly effective with warm mineral water containing sulphur which reduces pain and improves mobility.

The effect of hydrotherapy is consist in irritation of skin receptors which improve blood flow in back area but usually it for short time can not compare with ***Dr Allen's Device for Lower Back Care*** which is the only way for natural long-term treatment of back pain

Conclusion: the hopelessness of alternative treatment in regards of back pain treatment is the reason why people who suffer from back pain are compelled to look for medication or surgical solutions. Official medicine with different medications and operations are helpful only in treatment of the symptoms of back pain, not of its cause, wherein ***Dr Allen's Device for Lower Back Care*** is **naturally decreases pressure inside the tissue by targeting the cause of the back pain disorder.**

The device provides ***Thermobalancing therapy*** for the cause of Sciatica, based on '***The Theory of the Origin of Health Disorders***', written by Dr Simon Allen.

Cause of Sciatica and Lower Back Pain

The exact causes of sciatica and inter-vertebral discs disorder have been unknown; they are commonly thought to involve a slipped or herniated disk. An in-depth medical research presented by Dr Allen in ***The Theory of the Origin of Health Disorders*** sheds light on the actual cause of sciatica and lower back pain. In a nutshell, the process of the development of the disorder is explained as follows:

- Inordinate pressure on the lower vertebrae area is the initial trigger in developing lower back pain which can cause a disturbance in the supply of water and nutrients to the inter-vertebral discs.
- As a result of their malnutrition, wear and tear of the inter-vertebral discs occurs that changes their shape. Such deformation irritates the surrounding tissue.
- In order to restore the discs, the surrounding tissue reacts by increasing the number of capillaries and thus the tissue around them swells.

Treatment for the Cause of Sciatica

Original Dr Allen's Device for Lower Back Care will take care of your back problems, provide well-being for this sensitive area and thus protect you from harmful painkillers, other medications and operations. The sooner you start to use our advanced natural treatment of the causes of Sciatica the better chance for your full recovery.

- The vertebrae have unique strong construction which includes bones, discs, muscles and ligaments. Therefore, when huge pressure builds up inside the affected area, the essential tissue does not get enough blood. This in turn lowers the temperature in this tissue which worsens the condition because it leads to the expansion of extra capillaries and, consequently, to the additional pressure.
- This pressure increases pain, stiffness and immobility, worsens the metabolism of the inter-vertebral discs and leads to the development of a permanent lower vertebrae disorder.

In case of back pain linked to the sciatic nerve, the trigger is excessive pressure on this nerve that creates the swelling of the tissue that surrounds it. This pressure leads to sciatica, a chronic and painful condition experienced by millions of people.

What is in a Core of the Thermobalancing Therapy of Sciatica?

How to Naturally Tackle the Cause of Sciatica and Lower Back Pain

As Dr Allen's medical research reveals, in order to eliminate the swelling (i.e. the cause of the pressure in on the sciatic nerve and lower vertebrae) and thus to remove the pain, it is essential to relax the capillaries, stopping their growth. You can read more about ***The Theory of the Origin of Health Disorders*** on the website <http://www.finetreatment.co.uk/capillaries-activity.html>.

The only way to achieve this is to normalise the body temperature precisely in the damaged area. This will improve the metabolism of inter-vertebral discs freeing the surrounding tissue from pressure and pain. This natural lower back treatment is the best way to take away lower back pain.

The natural thermo-elements, a major component of Dr Allen's therapeutic device, bring pain relief effectively. By making temperature constant in the affected area of the back, ***Dr Allen's Device for Lower Back Care*** creates an ideal environment for the capillaries to stabilise the body temperature around the sciatica tissue that improves blood flow in it and supplies it with all necessary nutrients, thereby helping the area to recover. The back problem, particularly lower spine problem gradually goes away, thus the device provides the natural treatment of Sciatica symptoms.

In order to stop the swelling and thus to remove the pressure in the lower back are and the Sciatica's pain, it is essential to calm the capillaries, stopping their growth by normalising the temperature in the damaged area. This will take off inflammation or swelling on the back freeing the surrounding tissue from pressure and pain. **This is the only alternative harmless way to get rid of lower back pain.** *Dr Allen's device* will free your body from such unpleasant painful Sciatica's symptoms as numbness around the



genitals and buttocks, weakness in legs, loss of bladder or bowel control.

Dr Allen's Device for Lower Back Care is available exclusively through the FineTreatment.co.uk website:

<http://www.finetreatment.co.uk/index.php?act=viewProd&productId=4>

"Everyone will sooner or later benefit from this new method of preventing and treating back pain," highlights Dr Allen. "It is an absolutely natural way to help your body tackle disorders by targeting their actual causes, without creating any adverse side-effects."

For further information, please contact us through our website:

<http://www.finetreatment.co.uk>

Keywords: sciatica, back pain, lower back pain, back pain treatment, pain relief, natural pain relief, cause of sciatica, symptoms of lower back pain, best lower back treatment, Thermobalancing treatment, natural sciatica treatment, sciatica cause, painful sciatica relief, numbness around genitals or buttocks, weakness in legs, inflammation or swelling on the back, loss of bladder control, loss of bowel control, lower spine problem, back problem, sciatica care, alternative treatment, Thermobalancing therapy.